

Maryland's Behavioral Health Crisis

Hospital and Physician Capacity Strained

Three state psychiatric facilities have closed over last decade

Two of remaining five state facilities treat only forensic and involuntary cases

Less than two-thirds of general hospitals have inpatient psychiatric units

Three psychiatric hospitals deliver care for complex patients

Nine counties do not have a full time psychiatrist in their community based health centers

A State Look...

Situation is Reaching Crisis Levels:
Change Between 2013-2014

- 18 percent ↑ opioid-related ED visits
- 41 percent ↑ heroin-related ED visits
- 21 percent ↑ drug and alcohol-related intoxication deaths
- 22 percent ↑ opioid-related deaths

ED Visits 2010-2014
Substance Abuse-Related ED Visits Grew 46 Percent
Mental Health-Related ED Visits Grew 29 Percent



What is MHA Doing?

- ✓ Developed **Emergency Department Opioid Prescribing Guidelines** to reduce the risk of addiction and misuse
- ✓ Created a **Behavioral Health Task Force** of hospital leaders charged with developing recommendations to improve Maryland's behavioral health system
- ✓ Supported **regional investments** to link physical and behavioral health care across the entire continuum of care and within the community

About Us:

The Maryland Hospital Association advocates on behalf of Maryland's 64 hospitals and health systems; membership is composed of community, teaching, specialty, long-term care, and veterans hospitals

Capital Region's Behavioral Health Crisis

Significant Percentage of Admissions Involve Behavioral Health

- 13 percent**—Doctors Community Hospital
- 12 percent**—Fort Washington Medical Center
- 15 percent**—Holy Cross Hospital
- 31 percent**—Holy Cross Germantown Hospital
- 37 percent**—Laurel Regional Hospital
- 33 percent**—MedStar Montgomery Medical Center

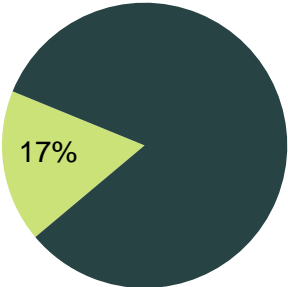
- 25 percent**—MedStar Southern Maryland Hospital Center
- 37 percent**—Prince George's Hospital Center
- 25 percent**—Adventist HealthCare Shady Grove Medical Center
- 31 percent**—Suburban Hospital
- 33 percent**—Adventist HealthCare Washington Adventist Hospital

Capital Region Behavioral Health ED Visits on the Rise: Change Between 2013-2014

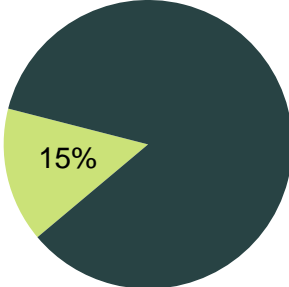
22 percent ↑ opioid-related ED visits
7 percent ↑ heroin-related ED visits

17 Percent of Maryland's Mental Health and 15 Percent of Maryland's Substance Abuse ED Visits are from the Capital Region

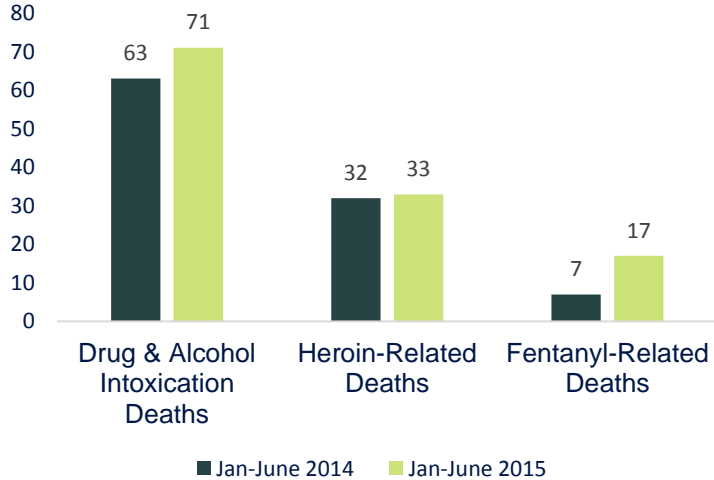
Mental Health ED Visits



Substance Abuse ED Visits



Capital Region Behavioral Health-Related Deaths



Note: Due to close proximity to several emergency department facilities in Washington, D.C., counts and percentages for Montgomery and Prince George's counties are likely understated

Sources: Department of Health and Mental Hygiene Drug Overdose Death Quarterly Reports, Department of Health and Mental Hygiene Access to Care- County Profiles, Maryland State Health Improvement Process, and MHA analysis of Health Services Cost Review Commission data