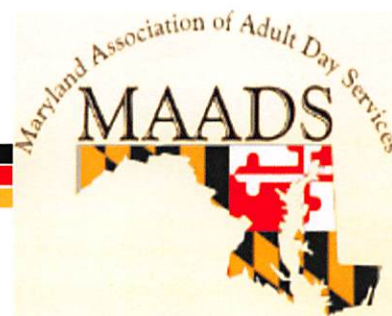


# Did You Know...



## That Hospitals Can Discharge Patients Directly to Medical Adult Day Care Centers?

**Medical Adult Day Services allow individuals to receive medical care in a community-based setting which helps reduce readmissions into the hospital setting.**

**Medical Adult Day Services** provide an array of services that benefit patients who need assistance managing chronic conditions including diabetes, heart disease, COPD, brain disorders and mental illness.

**Medical Adult Day Services** assist patients recovering from acute medical conditions including strokes and cardiac disorders.

**Medical Adult Day Services** accepts Maryland Medical Assistance (Medicaid). Contact the individual center for other available funding sources.

**Medical Adult Day Services** include:

- Nursing care
- Medication administration and monitoring
- Personal care (ADLs)
- Alzheimer's/Dementia care
- Caregiver support and education
- Personalized care plans
- Social Services
- O/T, P/T and Speech Therapy
- Transportation to and from the Center and to other medical services
- Nutritious meals; and
- Social, recreational and physical activities

### **WHEN COMPLETING IEXCHANGE (DELMARVA) AND DHMH FORM 3871B FOR MARYLAND MEDICAL ASSISTANCE**

The following must be selected:

#### **Under "Starting Point"**

- "DFMC – MD Medicaid"

#### **Under "Other"**

- "New Other Request"

#### **Under General Information**

- Treatment Setting: "LTC – Medical Adult Day Care Waiver"
- Procedure: "99.9"
- Units: "120"

All required information on DHMH Form 3871B up to number 60 (Doctor's Signature), must be completed. The rest of the form can be left blank.

**For more information and a list of associated Day Care Centers, please visit [www.maads.org](http://www.maads.org)**