

# THE MARYLAND MODEL

## Global Hospital Budgets

- 1 Sets fixed annual revenue budgets with continuous monitoring by both state and federal regulators

## All-Payer Hospital Rates

- 2 Ensures equitable access as government and commercial payers pay same regulated rates

## Population Health Goals

- 3 Gives hospitals choices on how to invest fixed dollars to address unique communities' needs

## Quality of Care Incentives

- 4 Creates incentives for hospitals to meet quality goals with a focus on avoiding potentially avoidable utilization

## Care for All Marylanders

- 5 Supports uninsured and underinsured Marylanders regardless of ability to pay, totaling about \$2 million a day

## EXCEPTIONAL PERFORMANCE TO DATE



Beat all performance targets under 2014 – 2018 contract between Maryland and U.S. Centers for Medicare & Medicaid Services

Source: HSCRC monthly hospital volume and revenue data & CMS monitoring data

# WHAT HOSPITALS ARE DOING

Federal evaluators noted Maryland hospitals were more likely to use these health-enhancing strategies than hospitals across the U.S.



## Investing in care coordinators and community health workers to transition patients

- ❖ Collaborate with post-acute providers to seamlessly implement care plans
- ❖ Operate “hotspot” clinics to address behavioral health high utilizers
- ❖ Facilitate transportation to follow-up medical appointments



## Implementing patient education programs

- ❖ Help seniors achieve better balance and strength through wellness programs
- ❖ Offer chronic disease management education classes in community
- ❖ Reconcile medication in-home and educate patients with complex conditions



## Using telehealth/technology to support healthcare in communities

- ❖ Empower Marylanders with chronic conditions through in-home visits and monitoring
- ❖ Use state-of-the-art health information exchange to support vulnerable patients
- ❖ Monitor prescription drug use to ensure patient safety



## Expanding beyond healthcare to address social determinants of health needs

- ❖ Support chronic condition self-management with healthy food programs
- ❖ Provide jobs and training for residents facing socio-economic challenges
- ❖ Own and operate apartments to support Maryland’s most vulnerable